



B.K. BIRLA CENTRE FOR EDUCATION

SARALA BIRLA GROUP OF SCHOOLS
A CBSE DAY-CUM-BOYS' RESIDENTIAL SCHOOL
MID-APRIL TEST 2025-26
PSYCHOLOGY 037

Class: XII
Date: 17.04.25
Admission no:

Time: 1hr
Max Marks: 25
Roll no:

INSTRUCTION:

1. All questions are compulsory.
2. Question Nos. 1-5 in Section A carry 1 mark each.
3. Question Nos. 6-7 in Section B are very short answer questions carrying 2 marks each. Answer to each question should not exceed 30 words.
4. Question Nos. 8-9 in Section C is short answer questions carrying 3 marks. Answer to question should not exceed 60 words.
5. Question No. 10 in Section D is case based question carrying 4 marks. Answer to question should not exceed 120 words.
6. Question No. 11 in Section E is long answer question carrying 6 marks. Answer to question should not exceed 200 words.

SECTION A

1. Rohan, who is usually introverted and reserved, is seen confidently leading a group discussion during an important business meeting. This behavior aligns most closely with the concept of situationism, which suggests that: 1

- a) Personality traits remain stable across all situations, and Rohan's behavior is an anomaly.
- b) The environment and immediate circumstances play a significant role in influencing behavior, even more than stable personality traits.
- c) Individual behavior is entirely determined by genetic predispositions, regardless of situational factors.
- d) People's behaviors are always inconsistent and unpredictable, making personality assessments unreliable.

2. Which of the following best explains why intelligence is considered a dynamic and evolving construct rather than a fixed trait? 1

- a) Intelligence is entirely determined by genetic inheritance.
- b) Intelligence can be enhanced through experiences, learning, and environmental influences.
- c) Intelligence remains stable across different life stages.
- d) Intelligence is only measured through IQ tests.

3. According to Robert Sternberg's Triarchic Theory of Intelligence, an individual who excels in adapting to new situations, finding creative solutions, and thinking divergently is demonstrating which type of intelligence? 1

- a) Analytical Intelligence b) Practical Intelligence c) Creative Intelligence d) Fluid Intelligence

4. Individuals with high self-efficacy are more likely to: 1

- a) Avoid challenging tasks to reduce failure risks.

- b) Set difficult goals and persist despite obstacles.
- c) Rely solely on external validation to gauge their abilities.
- d) Dismiss feedback as irrelevant to their abilities.

5. Which of the following best describes the term "disposition" in personality psychology? 1

- a) A temporary mood state that changes frequently
- b) A stable internal tendency to respond in a characteristic way across situations
- c) A consciously learned behavior pattern that can be unlearned easily
- d) A situational reaction driven solely by external influences

SECTION B

- 6. What are four key traits that define an emotionally intelligent person? 2**
- 7. What are three psychological techniques that help in developing self-control? 2**

SECTION C

- 8. How does the triarchic theory of intelligence explain human intelligence? 3**
- 9. What are three type approaches to personality, explain in detail? 3**

SECTION D

- 10. What are four assessment methods, and how can each be explained in detail? 4**

SECTION E

- 11. How does the theory of multiple intelligences explain human abilities in detail? 6**

*****All the best*****